# **Curriculum Plan**

Instructor Name:	ADAMS, ANTHONY G
Instructor Rank:	SFC
Brigade:	2
School:	MARTIN LUTHER KING HS
School Year:	2020-2021
LET Level:	1
CP Course Name:	2020-2021 FRESHMEN
Date Generated:	23 Aug 2020

#### Lessons

UCode	Lesson Name	Hours	Required
U1C1L1	Introducing JROTC	2	
U1C1L2	JROTC: The Organization and Traditions of Service Programs	6	✓
U1C1L3	Customs and Courtesies in JROTC	3	
U1C1L4	Social Etiquette and Manners	4	
U1C2L1	Thinking Maps	3	
U1C2L2	Self-Awareness	3	
U1C2L3	Appreciating Diversity through Winning Colors & reg;	3	
U1C2L4	Thinking and Learning	4	
U1C2L5	Reading for Meaning	4	
U1C2L6	Studying and Test-Taking	3	
U1C2L7	Personal Code of Conduct	3	
U1C2L8	Personal Growth Plan	3	
U1C3L1	Team Building and Drill	2	
U1C3L2	Stationary Movements and Marching Techniques	4	
U1C3L3	Squad Drill	3	
U1C4L1	Making Decisions and Setting Goals	3	
U1C4L2	Anger Management	3	
U1C4L3	Resolving Conflicts	4	
U1C5L1	Understanding and Controlling Stress	2	
U1C5L2	Cadet Challenge	2	

U1C6L1	Orientation to Service Learning	2	
U1C6L2	Preparing for Service Learning	2	

### Labs

UCode	Description	Hours	Required
U1C1L2	Lab for Service Programs Lesson	2	
U1C1L3	Lab for Customs and Courtesies in JROTC Lesson	2	
U1C2L1	Lab for Thinking Maps Lesson	1	
U1C2L8	Lab for Personal Growth Plan Lesson	2	
U1C3L2	Lab for Stationary Movements and Marching Techniques Lesson	18	
U1C3L3	Lab for Squad Drill Lesson	6	
U1C5L2	Lab for Cadet Challenge-Physical Fitness	10	
U1C6L2	Lab for Preparing for Service Lesson	10	

## **Electives**

Subject	Type Name	Category Name	Hours	Lab Hours
NEFE - Introduction: Setting Financial Goals	CATEGORY 1 Provided Resources	NEFE High School Financial Planning Program	4	0
Hygiene and Sanitation in the Field	CATEGORY 1 Provided Resources	First Aid	2	0
Treating for Shock and Immobilizing Fractures	CATEGORY 1 Provided Resources	First Aid	2	0
First Aid for Burns	CATEGORY 1 Provided Resources	First Aid	2	0
Heat Injuries	CATEGORY 1 Provided Resources	First Aid	2	0
Cold Weather Injuries	CATEGORY 1 Provided Resources	First Aid	2	0
Controlling Bleeding	CATEGORY 1 Provided Resources	First Aid	2	0
Introduction to Maps	CATEGORY 1 Provided Resources	Geography	2	3
Using Topographic Maps	CATEGORY 1 Provided Resources	Geography	2	0
Grid Reference Systems	CATEGORY 1 Provided Resources	Geography	2	0

Introduction to Cadet Distance Learning	CATEGORY 2 Online Resources - Cadet	Cadet DL	0.5	0
Conflict Resolution	CATEGORY 2 Online Resources - Cadet	Cadet DL	4	0
Time Management	CATEGORY 2 Online Resources - Cadet	Cadet DL	3	0
Health and Nutrition	CATEGORY 2 Online Resources - Cadet	Cadet DL	1	0
Emergency Preparedness and Community Awareness	CATEGORY 2 Online Resources - Cadet	Cadet DL	6	0
High School Math and Verbal Course	CATEGORY 2 Online Resources - Cadet	March2Success	1	0
College Readiness Course	CATEGORY 2 Online Resources - Cadet	March2Success	1	0
SAT Practice Tests	CATEGORY 2 Online Resources - Cadet	March2Success	1	0
ACT Practice Tests	CATEGORY 2 Online Resources - Cadet	March2Success	1	0
Complete Guide to College Financing and Admissions	CATEGORY 2 Online Resources - Cadet	March2Success	1	0

## Admin Items

Number	Title	Category	Hours
Admin	Curriculum Other	Curriculum Other - Admin	8
Testing	Curriculum Other	Curriculum Other - Testing	3.5
Other	Curriculum Other	Curriculum Other - Other	5

### Curriculum Plan Total Hours: 180

# **Approval Status**

Sent To Brigade For Approval Date/Time:	
Approved By (Print):	
Approved By (Sign):	Date:
Other Notes:	